

**200  
Gramm**

Kartoffel 1 kg



**3.000  
Gramm**

[https://cdn.pixabay.com/photo/2010/12/13/09/51/bird-1772\\_340.jpg](https://cdn.pixabay.com/photo/2010/12/13/09/51/bird-1772_340.jpg)

Eier 1 kg



[https://cdn.pixabay.com/photo/2016/10/25/15/39/meat-1769188\\_340.jpg](https://cdn.pixabay.com/photo/2016/10/25/15/39/meat-1769188_340.jpg)

**13.600  
Gramm**

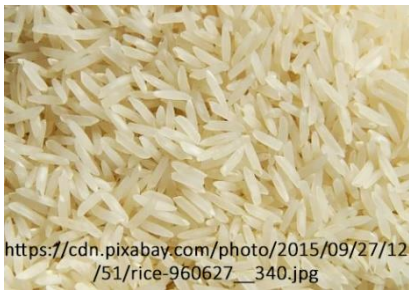
Rindfleisch 1 kg



[https://cdn.pixabay.com/photo/2017/05/20/18/14/asparagus-2329467\\_340.jpg](https://cdn.pixabay.com/photo/2017/05/20/18/14/asparagus-2329467_340.jpg)

**16.890  
Gramm**

Spargel 1 kg - Herkunft: Chile - Flug



[https://cdn.pixabay.com/photo/2015/09/27/12/51/rice-960627\\_340.jpg](https://cdn.pixabay.com/photo/2015/09/27/12/51/rice-960627_340.jpg)

**3.100  
Gramm**

Reis 1 kg



[https://cdn.pixabay.com/photo/2014/09/09/11/16/mashed-potatoes-439976\\_340.jpg](https://cdn.pixabay.com/photo/2014/09/09/11/16/mashed-potatoes-439976_340.jpg)

**900  
Gramm**

Kartoffelpüree als Pulver 1 kg



[https://cdn.pixabay.com/photo/2016/01/05/09/48/pork-1122171\\_340.jpg](https://cdn.pixabay.com/photo/2016/01/05/09/48/pork-1122171_340.jpg)

**4.600  
Gramm**

Schweinefleisch 1 kg



[https://cdn.pixabay.com/photo/2017/05/20/18/14/asparagus-2329467\\_340.jpg](https://cdn.pixabay.com/photo/2017/05/20/18/14/asparagus-2329467_340.jpg)

**700  
Gramm**

Spargel 1 kg - Herkunft: Bayern



[https://cdn.pixabay.com/photo/2016/07/20/12/42/wheat-1530316\\_340.jpg](https://cdn.pixabay.com/photo/2016/07/20/12/42/wheat-1530316_340.jpg)

**310  
Gramm**

Weizen 1 kg



[https://cdn.pixabay.com/photo/2016/07/20/12/42/wheat-1530316\\_340.jpg](https://cdn.pixabay.com/photo/2016/07/20/12/42/wheat-1530316_340.jpg)

**190  
Gramm**

Weizen 1 kg

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**





**300  
Gramm**

Tomaten 1 kg, saisonal und regional



**3.300  
Gramm**

Quark 1 kg



**700  
Gramm**

Erdbeeren 1 kg gefroren



**300  
Gramm**

Orangen 1 kg



**7.200  
Gramm**

Tomaten 1 kg, beheiztes Treibhaus



**300  
Gramm**

Weintrauben 1 kg



**400  
Gramm**

Erdbeeren 1 kg , aus Italien



**1.700  
Gramm**

Mangos 1 kg



**11.680  
Gramm**

Erdbeeren 1 kg, aus Südafrika - Flugzeug



**300  
Gramm**

Birnen1 kg

CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>



CO<sub>2</sub>





**300  
Gramm**

Erdbeeren 1 kg, aus Bayern



**2.300  
Gramm**

Gurken 1 kg, Treibhaus



**6.360  
Gramm**

Bohnen 1 kg, beheiztes Treibhaus



**400  
Gramm**

Gurken 1 kg, regional und saisonal



**800  
Gramm**

Bohnen 1 kg, Freiland



**200  
Gramm**

Pfirsiche 1 kg



**300  
Gramm**

Äpfel 1 kg



**700  
Gramm**

Zucker 1 kg

**600  
Gramm**

Bananen 1 kg



**2.400  
Gramm**

Magerquark 1 kg

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**





Äpfel bio 1 kg

**200  
Gramm**



Bohnen 1 kg, Kenia - Flug

**5.840  
Gramm**



Mozarella 1 kg

**4.300  
Gramm**



Hackfleisch 1 kg, gemischt

**5.600  
Gramm**



Roggen 1 kg, konventioneller Landbau

**330  
Gramm**



Roggen 1 kg, ökologischer Landbau

**230  
Gramm**



Schinken 1 kg

**5.670  
Gramm**



Frikadellen 1 kg

**2.600  
Gramm**



Champignon 1 kg

**1.300  
Gramm**



Salami 1 kg

**7.900  
Gramm**

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**







**8.490  
Gramm**

Hartkäse 1 kg



**3.000  
Gramm**

Saure Sahne 1 kg



**2.000  
Gramm**

Milch 1 Liter  
konventioneller Landbau

[https://cdn.pixabay.com/photo/2017/09/11/23/34/milk-bottle-2740848\\_960\\_720.jpg](https://cdn.pixabay.com/photo/2017/09/11/23/34/milk-bottle-2740848_960_720.jpg)

[https://cdn.pixabay.com/photo/2014/07/23/11/51/kiwifruit-400143\\_340.jpg](https://cdn.pixabay.com/photo/2014/07/23/11/51/kiwifruit-400143_340.jpg)



**700  
Gramm**

Kiwi 1 kg



**1.400  
Gramm**

Milch 1 Liter  
ökologischer Landbau

[https://cdn.pixabay.com/photo/2017/09/11/23/34/milk-bottle-2740848\\_960\\_720.jpg](https://cdn.pixabay.com/photo/2017/09/11/23/34/milk-bottle-2740848_960_720.jpg)



**200  
Gramm**

Zucchini 1kg

[https://cdn.pixabay.com/photo/2018/06/17/14/45/zucchini-3480653\\_340.jpg](https://cdn.pixabay.com/photo/2018/06/17/14/45/zucchini-3480653_340.jpg)



**400  
Gramm**

Vollkornnudeln 1 kg

[https://cdn.pixabay.com/photo/2016/04/02/15/13/noodle-1303003\\_340.jpg](https://cdn.pixabay.com/photo/2016/04/02/15/13/noodle-1303003_340.jpg)



**7.000  
Gramm**

Fetakäse (auf Salat) 1kg

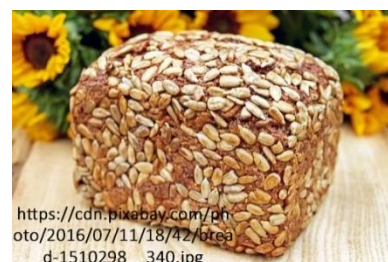
[https://cdn.pixabay.com/photo/2014/12/28/13/11/feta-cheese-581848\\_340.jpg](https://cdn.pixabay.com/photo/2014/12/28/13/11/feta-cheese-581848_340.jpg)



**5.500  
Gramm**

Frischkäse 1 kg

[https://cdn.pixabay.com/photo/2013/09/11/22/51/cream-cheese-181528\\_340.jpg](https://cdn.pixabay.com/photo/2013/09/11/22/51/cream-cheese-181528_340.jpg)



**600  
Gramm**

Vollkornbrot 1 ig

[https://cdn.pixabay.com/photo/2016/07/11/18/42/bread-1510298\\_340.jpg](https://cdn.pixabay.com/photo/2016/07/11/18/42/bread-1510298_340.jpg)

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**





[https://cdn.pixabay.com/photo/2018/06/13/04/28/vegetable-3472058\\_340.png](https://cdn.pixabay.com/photo/2018/06/13/04/28/vegetable-3472058_340.png)

**200  
Gramm**

Rotkohl 1kg



[https://cdn.pixabay.com/photo/2017/02/25/12/38/lenses-2097626\\_340.jpg](https://cdn.pixabay.com/photo/2017/02/25/12/38/lenses-2097626_340.jpg)

**1.200  
Gramm**

Linsen getrocknet 1kg



[https://cdn.pixabay.com/photo/2017/07/12/18/00/peach-2497691\\_340.jpg](https://cdn.pixabay.com/photo/2017/07/12/18/00/peach-2497691_340.jpg)

**1.600  
Gramm**

Pfirsich Dose 1kg



[https://cdn.pixabay.com/photo/2010/12/13/10/00/pasta-2093\\_340.jpg](https://cdn.pixabay.com/photo/2010/12/13/10/00/pasta-2093_340.jpg)

**500  
Gramm**

Nudeln 1kg



[https://cdn.pixabay.com/photo/2018/10/03/21/57/cabbage-3722498\\_340.jpg](https://cdn.pixabay.com/photo/2018/10/03/21/57/cabbage-3722498_340.jpg)

**100  
Gramm**

Weißkohl 1kg



[https://cdn.pixabay.com/photo/2019/03/14/14/tofu-4091607\\_340.jpg](https://cdn.pixabay.com/photo/2019/03/14/14/tofu-4091607_340.jpg)

**1.000  
Gramm**

Tofu 1kg



[https://cdn.pixabay.com/photo/2010/12/10/08/c-hicken-1140\\_340.jpg](https://cdn.pixabay.com/photo/2010/12/10/08/c-hicken-1140_340.jpg)

**5.500  
Gramm**

Hähnchenfleisch 1kg



[https://cdn.pixabay.com/photo/2015/04/17/13/30/shrimp-727214\\_340.jpg](https://cdn.pixabay.com/photo/2015/04/17/13/30/shrimp-727214_340.jpg)

**9.700  
Gramm**

Shrimps 1kg



[https://cdn.pixabay.com/photo/2013/09/27/09/53/butter-186909\\_340.jpg](https://cdn.pixabay.com/photo/2013/09/27/09/53/butter-186909_340.jpg)

**9.000  
Gramm**

Butter 1kg



[https://cdn.pixabay.com/photo/2016/03/05/10/06/abstract-1238655\\_340.jpg](https://cdn.pixabay.com/photo/2016/03/05/10/06/abstract-1238655_340.jpg)

**7.700  
Gramm**

Lammfleisch 1kg

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**





**8.100  
Gramm**

Raps 1kg, konventioneller Landbau



**3.200  
Gramm**

Sonnenblumenöl  
1 Liter



**3.800  
Gramm**

Raps 1kg, ökologischer Landbau



**3.200  
Gramm**

Olivenöl 1 Liter



**2.900  
Gramm**

Palmfett 1kg



**3.300  
Gramm**

Rapsöl 1 Liter



**4.200  
Gramm**

Putenfleisch 1kg



**9.000  
Gramm**

Hamburger Patty 1kg



**600  
Gramm**

Weißbrot 1kg



**5.670  
Gramm**

Pommes frites 1 kg tiefgekühlt

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**





Haferflocken 1 kg

**600  
Gramm**



Toast 1 kg

**500  
Gramm**



Kirschen 1 kg

**200  
Gramm**



Aprikosen frisch 1 kg

**500  
Gramm**



Kichererbsen getrocknet 1kg

**800  
Gramm**



Paprika, Freiland 1kg

**600  
Gramm**



Erdnüsse ganz 1kg

**800  
Gramm**



Walnüsse ganz 1kg

**900  
Gramm**



Honig 1kg

**2.000  
Gramm**



Karotten 1kg

**100  
Gramm**

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**





[https://cdn.pixabay.com/photo/2019/03/19/18/39/orange-4066535\\_\\_340.jpg](https://cdn.pixabay.com/photo/2019/03/19/18/39/orange-4066535__340.jpg)



**700  
Gramm**

Orangensaft 1 Liter Verbundkarton

[https://cdn.pixabay.com/photo/2016/08/10/20/19/juice-1584209\\_\\_340.jpg](https://cdn.pixabay.com/photo/2016/08/10/20/19/juice-1584209__340.jpg)



**400  
Gramm**

Apfelsaft 1 Liter  
Glasmehrwegflasche



**200  
Gramm**

Mineralwasser 0,7 Liter  
Glasmehrwegflasche



**0  
Gramm**

Leitungswasser



[https://cdn.pixabay.com/photo/2016/02/14/21/19/chocolate-bar-1200317\\_\\_340.jpg](https://cdn.pixabay.com/photo/2016/02/14/21/19/chocolate-bar-1200317__340.jpg)

**4.100  
Gramm**

Vollmilch-Schokolade 10 x 100g-Tafeln



[https://cdn.pixabay.com/photo/2015/07/11/13/21/wurstplatte-66867\\_\\_340.jpg](https://cdn.pixabay.com/photo/2015/07/11/13/21/wurstplatte-66867__340.jpg)

**7.000  
Gramm**

Wurstaufschnitt vom Rind



**1.100  
Gramm**

Bratling auf Sojabasis 1 kg

[https://cdn.pixabay.com/photo/2015/06/29/15/09/bratling-825657\\_\\_340.jpg](https://cdn.pixabay.com/photo/2015/06/29/15/09/bratling-825657__340.jpg)



**2.400  
Gramm**

Fisch, Wildfang Massenware gefroren 1kg

[https://cdn.pixabay.com/photo/2020/04/09/11/53/fish-5021128\\_\\_340.jpg](https://cdn.pixabay.com/photo/2020/04/09/11/53/fish-5021128__340.jpg)



**600  
Gramm**

Anans Schiffstransport 1 kg

[https://cdn.pixabay.com/photo/2020/04/29/12/47/pineapple-5108775\\_\\_340.jpg](https://cdn.pixabay.com/photo/2020/04/29/12/47/pineapple-5108775__340.jpg)



**15.100  
Gramm**

Ananas per Flugzeug

[https://cdn.pixabay.com/photo/2020/04/29/12/47/pineapple-5108775\\_\\_340.jpg](https://cdn.pixabay.com/photo/2020/04/29/12/47/pineapple-5108775__340.jpg)

**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**



**CO<sub>2</sub>**

